



home inTM
the city

WEEKLY MENU

W.E.F APRIL 1, 2023

MONDAY

BREAKFAST

Namkeen Seviyan (Vermicelli)
Bread Toast Jam
Tea- Regular / Herbal
Fruit

LUNCH

Masala Mix Veg + Dal Tadka +
Steamed Rice +Chapati + Salad +
Pickle

HIGH TEA

Macaroni Pasta
Tea- Regular / Herbal

DINNER

Aloo Palak / Seasonal Veg +
Maa Ki Dal + Plain Rice + Chapati
+Salad + Pickle

TUESDAY

BREAKFAST

Stuffed Onion Paratha
Chutney- Tomato / Green
Tea- Regular / Herbal
Fruit

LUNCH

Aloo Semfali + Dal Makhani +
Jeera Rice +Chapati + Salad + Pickle

HIGH TEA

Upma / Veg Sandwich
Tea- Regular / Herbal

DINNER

Aloo Gobhi / Seasonal Veg +
Steam Rice + Chapati +Salad +
Pickle

WEDNESDAY

BREAKFAST

Puri Sabji Green
Chutney
Tea- Regular / Herbal

LUNCH

Black Chana Curry + Aloo Cabbage +
Masala Rice +Chapati + Salad +
Pickle

HIGH TEA

Mix Bhujija / Namak Para
Tea- Regular / Herbal

DINNER

Chicken / Paneer + Malka Dal +
Dum Rice + Chapati +Salad +
Pickle

THURSDAY

BREAKFAST

Omelette Toast/
French Toast
Poha
Tea- Regular / Herbal

LUNCH

Aloo Mutter + Dal Masri + Dum Rice
+Chapati + Salad + Pickle

HIGH TEA

Bun Tikki / Veg Vermicelli
Tea- Regular / Herbal

DINNER

Whole Masoor + Baigan Masala +
Garlic Rice + Chapati +Salad +
Pickle

FRIDAY

BREAKFAST

Plain Paratha
Sabji
Green Chutney
Tea- Regular / Herbal

LUNCH

Arvi Chist Patta / Seasonal Veg +
Rajma Dal + Steamed Rice +Chapati
+ Salad + Pickle

HIGH TEA

Veg Cutlet / Aloo Bonda
Tea- Regular / Herbal

DINNER

Aloo Beans + Chana Dal +
Steamed Rice + Chapati +Salad +
Pickle

SATURDAY

BREAKFAST

Methi Paratha
Pickle
Boiled Egg
Tea- Regular / Herbal

LUNCH

Chana Masala + Veg Biryani +
Raita + Salad + Pickle

HIGH TEA

Onion Poha / Jam Toast
Tea- Regular / Herbal

DINNER

Soya Kheema Mutter + Lobhiya +
Onion Rice + Chapati +
Salad + Pickle

SUNDAY

BREAKFAST

Stuffed Paratha
Curd
Chutney + Pickle
Tea- Regular / Herbal

LUNCH

Veg Noodles
Veg / Chicken Fried Rice +
Paneer Manchurian + Salad

HIGH TEA

Dal Vada / Chilli Bread
Tea- Regular / Herbal

DINNER

Dasha Sabji + Dal Masri +
Steam Rice + Chapati +
Salad + Pickle

SALAD ITEMS

Cucumber Sprouts
Mix Veg Black Chana
Kimchi Veg-Onion

DESSERT ITEMS

Cut Fruits Kheer
Fruit Custard Vermicelli Payasam
Rice / Seviyan / Sago Halwa

NOTE : This is an Indicative Cyclical menu.

- 1.All dishes will be as per request, season & availability.
- 2.All dishes will be regularly changed for variety & possible resident preference.
- 3.Menu designed based on the dietary requirements & healthy ingredients.
- 4.Dishes from Café available at extra cost.
- 5.All rights reserved by Management. T&C Apply